

GOOD FOOD BOX COVID SAFETY PLAN

The Good Food Box is a bulk-buying produce bag that is packed weekly. Volunteers pack and deliver the bags, under supervision of Fernwood NRG staff.

People in the following high-risk categories are not allowed to volunteer:

- underlying respiratory conditions like asthma or COPD
- compromised immune system
- over the age of 60
- living with someone who is in a high-risk category

Volunteers over the age of 60 are allowed to deliver Good Food Boxes.

Entering the building:

- All volunteers must wear a mask at all times, except when eating or drinking. If they do not have a mask, one can be provided. Physical distance between volunteers must be maintained.
- Upon entering the building, volunteers are required to complete a COVID-19 health check, attached. A pen with sanitizing wipe is available.
- If a volunteer answers yes to any question on the health check, they will be asked to go home.
- After completing the health check, volunteers are required to wash or sanitize their hands. New volunteers are familiarized with the location of the bathroom, the handwash sink, and the two sanitizer pumps in this area. Signage showing proper hand washing technique is posted in all bathrooms.

Packing the bags

- Fernwood NRG staff ensure safe distances are maintained.
- All tables used on packing day are sanitized with iodine sanitizer before and after packing.
- To maintain physical distance, packing is done in an assembly line style. Volunteers stand still and wait for the boxes come to them.
- Hands are washed or gloves are changed at every break.

Distribution

- The table should be washed or disinfected before and after use.
- The person staffing the table must wash their hands regularly, cough into their elbow, and avoid touching their face.
- A customer approaches and gives their name, the volunteer finds their bag and places it on the table. The customer picks it up and leaves. Maintain six feet distance at all times.
- Volunteer should wash or sanitize their hands hourly.

Delivery

- Drivers should assume the paper bags are contaminated, so loading contaminates hands, car door handle, steering wheel and gear shift.
- Drivers should not touch their face.
- After completing deliveries, drivers should disinfect all touch points mentioned above, plus seat belt latch, window switches, door locks, phone etc., and then wash their hands.

Illness while in program

If a volunteer starts showing symptoms of common cold, influenza or COVID-19 during the program they will be asked to go home immediately.

Guide to the Health Check

No person who is sick is permitted to enter the facility for any reason. Symptoms include:

- Fever
- Chills
- Cough or worsening of chronic cough
- Breathing difficulties breathing (breathing fast or working hard to breathe)
- Loss of sense of smell or taste
- Diarrhea
- Nausea and vomiting (unrelated to pregnancy)

If a volunteer has seasonal allergies they must create a baseline of symptoms. Volunteers will be sent home if their baseline symptoms worsen.

